

# **COMMUNITY GUIDANCE**

# COVID-19 Data Edition 10.22.20

Island County Public Health wants to ensure that the citizens of Island County have access to reliable guidance surrounding COVID-19. Comprehensive guidance is publicly released on a bi-weekly basis, with supplemental data editions provided as appropriate. We hope that you use this to help inform and empower yourself and our community.

### **Island County COVID-19 Case Data Comparison**

	10.14.20 Positive	10.21.20 Positive
Location	Count	Count
Camano Island	71	78
Clinton	10	10
Coupeville	96	99
Freeland	12	13
Greenbank	≤ 5	≤ 5
Langley	11	12
Oak Harbor	147	159
Total	349	373

Note: See the ICPH COVID-19 webpage for death data

Twenty-four additional COVID-19 cases have been reported in Island County between 10.14.20 and 10.21.20. Most recent cases in Island County are recovering at home and do not require hospitalization. Island County Public Health typically follows cases and close contacts of cases for 14 days, at which point they are considered no longer contagious (if they are symptom free). At this time, a clear definition of the term "recovered" has not been provided by the WA State Dept. of Health.

Following case investigation, no specific event or location was identified as having significant correlation to recent cases. Social gatherings and spread within family units appear to be associated with many of the new cases within Island County. New cases are also likely to be the result of relaxed adherence to county and <a href="state-covid-19 guidance">state covid-19 guidance</a>, including social distancing, non-essential travel, and masking recommendations.

#### **Celebrate Safely**

The more people we interact with at a gatherings and the longer that interaction lasts, the higher the risk of becoming infected. Keep the <u>following tips</u> in mind as you celebrate this holiday season.



- ♦ Commit to fewer, shorter, and smaller gatherings
- Wash hands immediately upon arrival and frequently throughout the event
- Avoid indoor social gatherings (outdoor is better)
- Wear a face covering at all times
- Avoid communal food and sharing utensils
- ♦ Avoid close contact

## **State and National COVID-19 Activity**

<u>Data from the Washington State Department of Health</u> show that case numbers in western Washington counties are climbing at an alarming rate, near or beyond previous peaks in some areas. Nationwide, numbers are concerning as well: last Friday there were <u>70,000 cases in one day in the United States</u>, matching the largest number set back when disease activity was high in July.

#### **Updated Guidance**

- Additional Island County regulations surrounding sporting activities have recently been lifted. Youth and adult team sports should now follow all WA State guidance available on the Governor's Reopening webpage (click here).
- ♦ With continuing reports of COVID-19 outbreaks at spiritual gatherings, the Governor still strongly encourages religious leaders and communities to conduct services remotely (click here).
- ♦ If you celebrate Halloween, take a look at the DOH guidelines for safer alternatives to traditional activities (click here).

If you have questions or concerns about COVID-19 in Island County, start by visiting our <u>website</u> or our <u>Facebook</u> page. The Island County call center may be reached at **360.678.2301**; Monday through Friday, 8:30am to 4:30pm.